SIMPLY

BANANA BREAKFAST SMOOTHIE Recipe instructions

C	D			
Simpl	y Bana	na sm	oonnie	
	1			

12oz	16oz			
90ml	100ml			
Milk 🗑				
12oz	16oz			
90ml	100ml			
1 tbsp oats Ø@0				
1 whole banana 🏠				
Cup of ice 🗞				

Instructions

- 1 Pour your banana smoothie and milk into a blender.
- 2 Add your tablespoon of oats and your peeled banana into the blender.
- 3 Add a cup of ice and blend until the consistency is thick and smooth.
- 4 Serve in a glass of your choice.